

# Resource List for Grief Group Members & Community

Lighthouse Widow's Ministry meets once per month. It is a support group that aims to provide many services. Their email is [lighthousewidow@gmail.com](mailto:lighthousewidow@gmail.com) or you can call Jeannie Byrd, who heads up this group and ask any questions (615) 293-0937

Stephen Ministry for anyone who is grieving or needs help. Their phone number is at First United Methodist Church in Springfield - (615) 384-4800

Never Alone Nashville has a large group that meets. It is also for widows and has videos, luncheons, prayer, and worship (all lead by widows), and a service that does chores around the house - changing light bulbs, mowing lawns, etc. They also have a newsletter. Their website is [neveralonedwidows.com](http://neveralonedwidows.com)

The Compassionate Friends is a support group that meets in Nashville for parents that have lost a child through any means. It meets once per month on the second Sunday at 3 pm. Please call (615) 365-4823 and they will call you back with the location and you can ask any questions you might have.

Survivors of Suicide support group meets in Nashville on Tuesdays and virtually on Thursdays. Please call the crisis line at (615) 244-7444 and leave your name and number and they will get back to you.

National Alliance on Mental Illness (NAMI) is for those who need support regarding their mental health and/or mental health caregivers. They can be reached at (931) 980-5019

Grief Share is a nationally known organization that provides grief support for any kind of loss. Mary Ann Partain facilitates groups in the Springfield Area. Her number is (615) 643-5131 They also have a program called Divorce Care.

Alive Hospice provides grief counseling. For information call (615) 963-4732 or email [griefsupport@alivhospice.org](mailto:griefsupport@alivhospice.org)

*Resource list prepared by Ami Fletcher, November 2024*